

IAGMH CME 2014

Scientific Program

**Non-Cognitive Psychiatric Disorders in the Indian Elderly: Challenges ahead**

Day 1: 17<sup>th</sup> May 2014 (Saturday)

Registration: 2.00 to 3.00pm

**Inaugural session:** 3.00 pm to 4.00pm

Inauguration by President- IAGMH – Dr Indira Sharma

**Session 1: Issues in depression and anxiety disorders of elderly**(4.00pm to 5.15pm)

1. Vascular depression Hypothesis: Current status
2. Suicide in elderly: Risk factors and Prevention
3. Anxiety Disorders in elderly: Recent advances
4. Discussion – 15 minutes

Tea Break – 5.15 pm to 5.30pm

**Session 2: Sleep disorders and Yoga**(5.30 pm to 7.00pm)

1. Managing sleep problems in elderly
2. Yoga for elderly with mental health problems
3. Speciality Training in Geriatric Psychiatry: Experience of KGMC Lucknow

Discussion -15min

IAGMH Executive council Meeting: 7 to 8pm

Dinner

Day 2: 18<sup>th</sup> May 2014 (Sunday)

**Session 3: Chronic Pain, Substance abuse and Psychosis in elderly: An update**(9.00am to 10.15am)

1. Managing chronic pain in elderly: Role of Psychiatrists
2. Substance abuse in elderly: Current perspectives
3. Late onset Psychosis: Recent advances
4. Discussion- 15min

**Session 4: Medical comorbidity and Psychiatric illness in elderly**(10.15am to 11.30am)

1. Management of diabetes mellitus in elderly with Psychiatric illness
2. Psychiatric comorbidity in elderly with Neurological disorders: Perspective of Neurologist
3. Challenges in managing neuropsychiatric problems in elderly with co-morbid medical illness
4. Discussion -15min

Tea Break: 11.30am to 11.45am

**Session 5: Public Health, Ethical and Legal Issues in Geriatric Psychiatry**(11.45am to 12.45pm)

Chair: Prof Shiv Gautam and DrGautamSaha

1. Public Health Approach for Mental Health care in Elderly: Indian and Global Scenario
2. Legal issues in Geriatric Psychiatry practice
3. Discussion- 15min

**Session 6: Treatment approaches of Non-Cognitive disorders in elderly**(12.45pm to 1.30pm)

1. Choosing and using psychotropic drugs for elderly: A guidance for clinical practice
2. Use of Brain stimulation(ECT and rTMS) in elderly:
3. Psychotherapy in elderly
4. Discussion – 15min

Valedictory program: 1.30-2.00pm

Lunch 2.00pm onwards

Dispersal