15th Annual National Conference of Indian Association for Geriatric Mental Health

Theme: Spirituality and Mental Health of Elderly

6 - 8 September, 2019 - Chittoor & Tirupati

Organised by
Apollo Institute of Medical Sciences & Research, Chittoor
Tirupati Psychiatric Society

Organising Chairman
Dr. G. Prasad Rao

Organising Secretary
Dr. T. Padma Sudhakar
Dear colleagues,

It is a great honour to us in inviting you all along with your family to the GEORON-2019, 15th Annual National Conference of Indian Association for Geriatric Mental Health to be held at abode of Lord Venkateshwara, the temple town Tirupathi & Chittoor from 6 to 8th September, 2019. This spectacular knowledge sharing event is organised by Apollo Institute of Medical Sciences and Research, Chittoor and Tirupathi Psychiatric Society.

Our thinktank has set the theme for the conference as “Spirituality and Mental Health of Elderly” which will showcase the new frontiers in the field of Geriatric psychiatry. We hope that you will have a great scientific feast and a divine feeling in the spiritual context at this temple town of Tirupati.

Expecting you all along with your family to have a great time to experience not only beautiful scenic views of this green and divine city Tirupati, but also surroundings of the city and our divine hospitality.

With warm regards...

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Dr. G. Prasad Rao
Organising Chairman

Dr. T. Padma Sudhakar
Organising Secretary

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CONFERENCE SECRETARIAT: Dr. T.P. Sudhakar, Org. Secretary / Dr. P. Dinesh, Jt. Org. Secretary
Address: Department of Psychiatry, Apollo Institute of Medical Sciences & Research (AIMSR), Murakambattu, Chittoor-517127, Andhra Pradesh. Ph: 9849047503, 9487270318
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Tel: 94872 70318, 9849047503
Email: sudhakartp@gmail.com

GOLDEN TEMPLE, VELLORE
# Scientific Programme of GERON 2019

**Theme:** **Spirituality and Mental Health of Elderly**

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6th Sept</td>
<td>9.00 AM to 9.45 AM</td>
<td>Inauguration of the conference at Chittoor</td>
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<tr>
<td>6th Sept</td>
<td>10.00 AM to 12.00 Noon</td>
<td>Workshop on assessment of mental capacity among elderly: PT Siva Kumar, Sandeep Grover, Natasha Kate, Neelanjana Paul</td>
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<tr>
<td>6th Sept</td>
<td>12.00 PM to 1.00 PM</td>
<td>Inauguration of the Conference</td>
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<td><strong>CHIEF GUEST:</strong> Dr. Prathap C Reddy, Chairman, Apollo Group, Chennai</td>
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<td><strong>GUEST OF HONOUR:</strong> Prof. B.N. Gangadhar, Director and Vice Chancellor of NIMHANS, Bengaluru</td>
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<tr>
<td>6th Sept</td>
<td>1.00 PM to 2.00 PM</td>
<td>Lunch</td>
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<tr>
<td>6th Sept</td>
<td>2.00 PM to 3.30 PM</td>
<td>Theme Symposium: Spirituality and Mental Health</td>
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<td></td>
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<td>Ajit Avasthi: Spirituality and Mental Health of Elderly</td>
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<td>B N Gangadhar: Yoga and Mental Health of Elderly</td>
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<td>S C Tiwari: Interface of religion, mental health and physical health of elderly</td>
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<tr>
<td>6th Sept</td>
<td>3.30 PM to 4.30 PM</td>
<td>Interdisciplinary approach to Geriatric Mental Health-Panel Discussion</td>
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<td>Panellists: Dr. G. Lepakshi, Prof of General Medicine, AIMS, CHITTOOR</td>
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<td>Dr. P. Hariharasasstry, Professor of General Surgery, AIMS, CHITTOOR</td>
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<td>Dr. Venajamma, Professor of Cardiology, SVIMS, TIRUPATI</td>
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<td>Dr. B. Vengamma, Professor of Neurology, SVIMS, TIRUPATI</td>
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<td>Dr. N. Anil Kumar, Professor of Urology, SVIMS, TIRUPATI</td>
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<td><strong>Endocrinologist: Name to be announced</strong></td>
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<td><strong>Moderator:</strong> Dr. K. Chandra Sekhar, Director, Asha Hospital, Hyderabad</td>
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<td>6th Sept</td>
<td>4.30 PM onward</td>
<td>Visit to Temples in Chittoor and travel to Tirupati</td>
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**Day 2: Program at Tirupati**

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7th Sept</td>
<td>8.00 AM to 9.00 AM</td>
<td>Free papers &amp; Posters</td>
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<tr>
<td>7th Sept</td>
<td>9.00 AM to 9.30 AM</td>
<td>Smt. Shweta Tiwari Award Session</td>
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<tr>
<td>7th Sept</td>
<td>9.30 AM to 10.15 AM</td>
<td>Presidential Address- Spirituality and Healthy Ageing</td>
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<tr>
<td>7th Sept</td>
<td>10.15 AM to 11.00 AM</td>
<td>Dr. Shiv Gautam Oration Award</td>
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<tr>
<td>7th Sept</td>
<td>11.00 AM to 11.30 AM</td>
<td>Tea Break</td>
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<tr>
<td>7th Sept</td>
<td>11.30 AM to 1.30 PM</td>
<td><strong>Symposium on Dementia</strong></td>
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<td></td>
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<td>K S Shaji: Minimal Cognitive Impairment</td>
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<td></td>
<td></td>
<td>Shrikant Srivastava: Behavioural &amp; Psychological Symptoms of Dementia</td>
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<td>O P Singh: Delirium superimposed on Dementia</td>
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<td></td>
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<td>Indira Sharma: Cognitive remediation and Activities of daily living</td>
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<tr>
<td>7th Sept</td>
<td>1.30 PM to 2.00 PM</td>
<td>Lunch</td>
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<tr>
<td>7th Sept</td>
<td>2.00 PM to 3.00 PM</td>
<td>IAGMH Award Session</td>
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<tr>
<td>7th Sept</td>
<td>3.00 PM to 4.30 PM</td>
<td>Symposium: Mental Health and Coronary Artery Disease</td>
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<td>Sandeep Grover: How strong is the link between depression and coronary artery disease</td>
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<td>Alka A. Subramanyam: Management of psychiatric disorders in patients with coronary artery disease</td>
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<td>Jahnavi Kedare: Do psychosocial interventions improve the outcome of coronary artery disease</td>
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<tr>
<td>7th Sept</td>
<td>4.30 PM to 5.00 PM</td>
<td>Symposium: Spirituality and Mental Health of Elderly</td>
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<td></td>
<td></td>
<td>G K Prathap: Yoga and Mental Health of Elderly</td>
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<td>S C Tiwari: Interface of religion, mental health and physical health of elderly</td>
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<tr>
<td>7th Sept</td>
<td>5.00 PM to 6.00 PM</td>
<td>Symposium: Technology and Elderly</td>
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<td>Gautam Saha: Social Media use in elderly: how does it help</td>
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<td>Rajesh Nagpal: Use of technology for assessment of mental disorders among elderly</td>
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<td>Venu Gopal Jhanwar: Apps for interventions for mental health issues among elderly</td>
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<td>Abdul Majid: Behavioural Addictions in elderly</td>
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</tbody>
</table>
**IAGMH P.G. Fellowships**

25 Early Bird Registrations by Post Graduates in Psychiatry or DM in Geriatric Psychiatry will get FREE Registration & Accommodation. **Hurry up!**

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**FREE PAPERS :** Please submit by email to:

sudhakartp@gmail.com

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**REGISTRATION FEE - GERON2019**

<table>
<thead>
<tr>
<th>Category</th>
<th>15th August onwards</th>
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<tbody>
<tr>
<td>Member</td>
<td>6000</td>
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<tr>
<td>Non-Member</td>
<td>8000</td>
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<tr>
<td>Post Graduate Student</td>
<td>4000</td>
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<tr>
<td>Accompanying Person</td>
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<tr>
<td>Senior citizen (≥ 65 Years)</td>
<td>3000</td>
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<tr>
<td>Corporate</td>
<td>30000</td>
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**Day-3**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>4.30-5.30 PM</td>
<td>AGBM</td>
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<tr>
<td>8.00 PM onwards</td>
<td>Dinner</td>
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<tr>
<td>8th Sept, 8.00-10.00 AM</td>
<td>Poster session</td>
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<tr>
<td>8th Sept, 9.00-10.00 AM</td>
<td>Free paper session</td>
</tr>
</tbody>
</table>
| 8th Sept, 10.00-1200 PM       | **Elder Abuse**
|                               | Nilesh Shah: Concept and Assessment of Elder Abuse
|                               | Mathews Verghese: Legal issues related to elder abuse
|                               | Srikala Bharat: Assessment of elder abuse
|                               | Lenin Singh: Management of Elder Abuse
| 1200 pm-onwards               | **Spirituality and Sexuality**
|                               | Shiv Gautam: Mental Health of elderly: lessons from Vedic, post Vedic and Upnishadicera
|                               | TSS Rao: Spirituality and Sexuality-Two sides of the same coin
|                               | E Mohandas: Postmenopausal psychiatric syndromes- How to manage?
|                               | Nisha Pandey: Spirituality as a therapeutic tool –usefulness in the community

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**ISCON TEMPLE**
Tirupati is a city in Chittoor district of Andhra Pradesh state in India. Tirupati is considered one of the holiest Hindu pilgrimage sites because of Tirumala Venkateswara Temple, besides other historical temples, and is referred to as the “Spiritual Capital of Andhra Pradesh”. India’s Ministry of Tourism named Tirupati as the “Best Heritage City”. Tirupati is also home to many educational institutions and universities such as S.V. University, Sri Padmavathi Mahila University, Acharya N.G.Ranga Agricultural University, S.V. Veterinary University, SVIMS University, Sri Venkateswara Medical College, Indian Culinary Institute etc.

SEVEN HILLS OF TIRUMALA

ALIVELU MANGAPURAM

KANIPAKKAM TEMPLE

SRIKALAHASTHI TEMPLE

CHANDRAGIRI FORT

PLACES TO VISIT AROUND TIRUPATI

ABOUT TIRUPATHI

VENUE: MINERVA GRAND, TIRUPATHI

The Minerva Grand is centrally located at this temple city to stay in – we’re home, whether you’re here on business, or on a pilgrimage. The combination of a sun-splashed atrium and cheerful décor makes for the perfect sanctuary to come home away from home. The hotel is located 1 km (5 minutes drive) from Tirupati Railway Station & 14 kms (20 minutes drive) from Renigunta Airport. It is also in close proximity to Bus stand, Renigunta Railway station and the highways.

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Donepezil Hydromide sustained release 11.3/03 mg tablets

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India's Trusted Antidepressant

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