



SMART AGING
EMERGING DIGITAL INNOVATIONS
IN GERIATRIC MENTAL HEALTH



**10th - 12th
September
2026**

Register Now



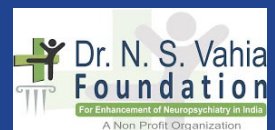
GERON 2026

**VENUE:
NOVOTEL INTERNATIONAL
AIRPORT HOTEL,
MUMBAI**



22nd Annual National Conference of IAGMH

Organised By: Indian Association for Geriatric Mental Health
Academic Partner: Bombay Psychiatric Society
Supported By: Dr. N.S. Vahia Foundation



Messages from Leadership

It gives me immense pleasure, on behalf of the Indian Association of Geriatric Mental Health, to warmly welcome you to GERON 2026, our annual national conference centred on the theme "Emerging Digital Innovations in Geriatric Mental Health." This prestigious GERON 2026 will be held in the vibrant city of Mumbai from 10th to 12th September 2026, bringing together clinicians, researchers, academicians, and policymakers from across the country and beyond. As we stand at the intersection of aging and technological advancement, this conference aims to explore how digital innovations from telepsychiatry and AI-driven diagnostics to digital therapeutics and assistive technologies can revolutionize geriatric mental health care. GERON 2026 will serve as a platform for meaningful dialogue, knowledge exchange, and collaborative growth. I invite you to actively participate, share your expertise, and contribute to shaping a future that ensures dignified, accessible, and compassionate mental health care for our elderly population. We look forward to welcoming you to Mumbai.



Dr. Alka A Subramanyam
PRESIDENT
Indian Association of
Geriatric Mental Health



Dr. P.T. Siva Kumar
Hon. General Secretary
Indian Association of
Geriatric Mental Health

On behalf of the Indian Association of Geriatric Mental Health, it is my great pleasure to extend a warm welcome to all delegates to GERON 2026, to be held in Mumbai from 10th to 12th September 2026. This year's theme, "Emerging Digital Innovations in Geriatric Mental Health," reflects a pivotal shift in how we understand and deliver care to our aging population. With rapid advancements in telemedicine, artificial intelligence, wearable technologies, and digital therapeutics, we are witnessing a transformation that holds immense promise for improving accessibility, early intervention, and quality of life among older adults. GERON 2026 has been thoughtfully curated to foster academic exchange, interdisciplinary dialogue, and meaningful collaboration. The scientific program features distinguished speakers, engaging workshops, and opportunities for young professionals to showcase their work. We encourage you to participate actively, share your insights, and take back enriching experiences that will contribute to advancing geriatric mental health care in our country. We look forward to welcoming you to Mumbai for an inspiring and memorable conference.

Messages from Leadership

Your Mumbai colleagues are privileged to welcome you all to the Geriatric Psychiatry Conference, after 2 decades since the last time that we met in Mumbai. Ours is a forum dedicated to advancing knowledge, collaboration, and compassionate care for the mental health of older adults. As populations around the world continue to age, importance of understanding and addressing the unique psychological, social, and biological challenges faced by older individuals, specifically so in India, has never been greater. This conference brings together clinicians, researchers, educators, and policy makers and stakeholders to share the recent research and changing social contexts to adapt rapidly evolving scientific developments, clinical practices, and innovative approaches in geriatric mental health. The Organizing Committee extends sincere gratitude to all our distinguished speakers, participants, and partners for contributing their expertise and enthusiasm to this meeting. This conference provides an enriching platform for learning, meaningful discussions, and professional networking. May the insights and collaborations formed here inspire us to further strengthen the quality of care and dignity that we offer to the elderly in our communities. We wish you a stimulating and rewarding conference experience.



Dr. Vihang N. Vahia
ORGANISING CHAIRPERSON
GERON 2026



Dr. Avinash De Sousa
ORGANISING SECRETARY
GERON 2026

It is my distinct honour, on behalf of the Indian Association of Geriatric Mental Health, to warmly welcome you to GERON 2026, scheduled to be held in the dynamic city of Mumbai from 10th to 12th September 2026. The theme for this year, "Emerging Digital Innovations in Geriatric Mental Health," highlights the exciting convergence of technology and mental health care for older adults. From telepsychiatry and AI-assisted diagnostics to digital therapeutics and smart monitoring systems, these advancements are reshaping how we approach assessment, intervention, and long-term care in geriatric populations. GERON 2026 promises a rich academic experience with thought-provoking plenaries, interactive workshops, and a platform for sharing innovative research and clinical practices. It also offers an opportunity to build meaningful collaborations and strengthen our collective commitment to improving the mental well-being of the elderly. I encourage all delegates to engage actively, exchange ideas, and make the most of this enriching scientific forum. We look forward to welcoming you to Mumbai.

About the Conference

Emerging Digital Innovations in Geriatric Mental Health

1

Transforming Care & Accessibility

Emerging digital innovations are transforming geriatric mental health care by improving accessibility, early detection, and continuity of support. Telepsychiatry platforms enable older adults, especially those with mobility limitations, to access specialist care from home. Artificial intelligence-driven tools are being used to screen for depression, cognitive decline, and early dementia through speech, behavior, and digital biomarkers.

2

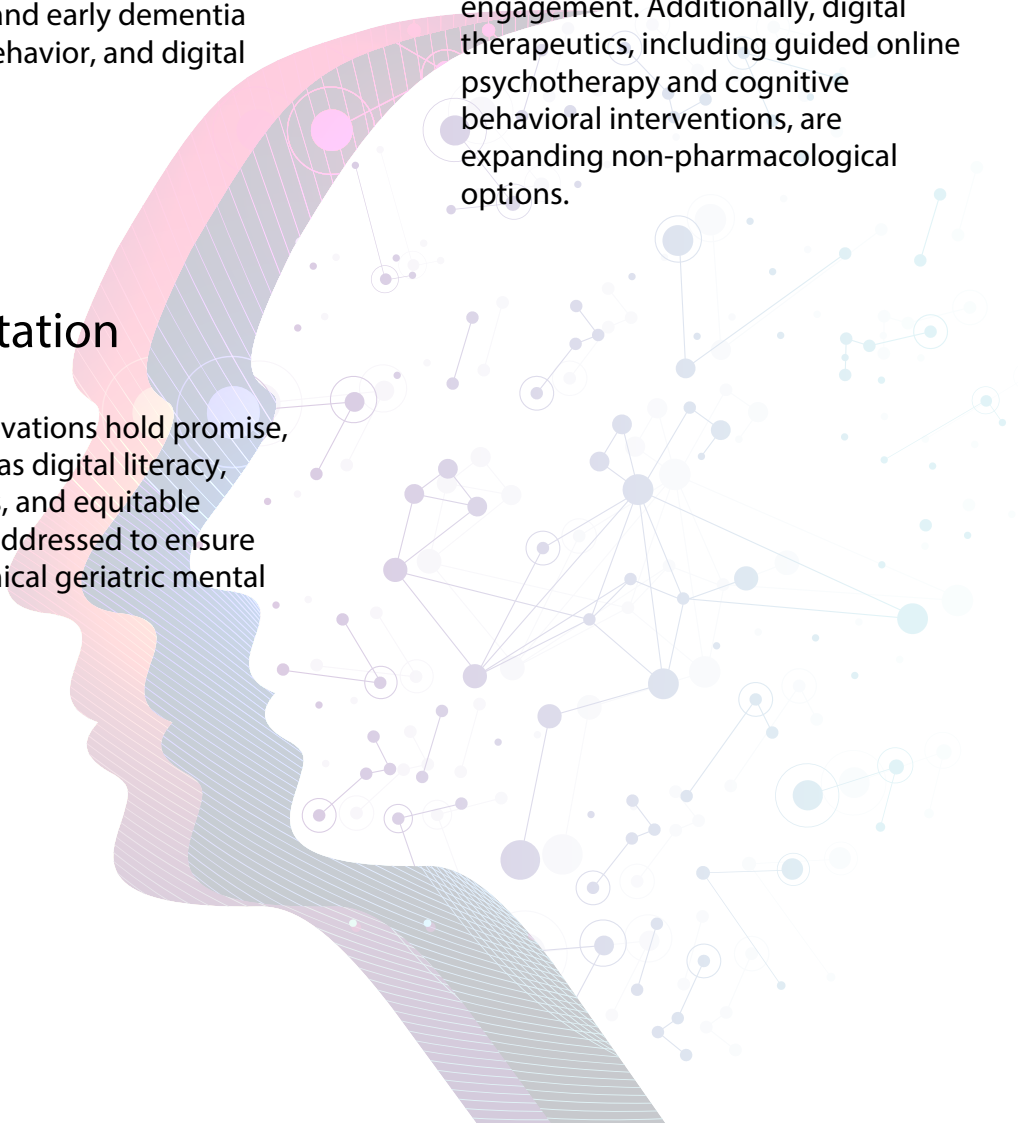
Wearables & Digital Therapeutics

Mobile health applications offer medication reminders, mood tracking, and cognitive training exercises tailored for aging populations. Wearable devices monitor sleep, activity, and physiological signals, helping clinicians identify subtle changes linked to mental health deterioration. Social robots and virtual companions are being explored to reduce loneliness and enhance engagement. Additionally, digital therapeutics, including guided online psychotherapy and cognitive behavioral interventions, are expanding non-pharmacological options.

3

Ethical Implementation

While these innovations hold promise, challenges such as digital literacy, privacy concerns, and equitable access must be addressed to ensure inclusive and ethical geriatric mental health care.



Organising Committee



Dr. Vihang N. Vahia
Organising Chairperson



Dr. Jahnavi S. Kedare
Organising Co-Chair



Dr. Bindoo S. Jadhav
Organising Co-Chair



Dr. Avinash De Sousa
Organising Secretary



Dr. Jay Shastri
Organising Jt. Secretary



Dr. Syeda Ruksheda
Organising Treasurer



Dr. Deoraj Sinha
Organising Jt. Treasurer



Dr. Milan Balkrishnan
Organising Jt. Treasurer

Executive Committee -IAGMH



Dr. Alka A Subramanyam
President



Dr. Sandeep Grover
Vice-President



Dr. Sivakumar PT
Hony. Gen. Secretary



Dr. S. P. Gupta
Hony. Treasurer



Dr. Abdul Majid
Hony. Editor



Dr. S. C. Tiwari
Founder President



Dr. Gautam Saha
Imm. Past President



Dr. Neelanjana Paul
Imm. Secretary

Executive Committee -IAGMH



Dr. Vishal Sinha
Assistant Treasurer



Dr. Shiva Shankar Reddy Mukku
Joint Secretary



Dr. Parag Shah
Direct Council Member



Dr. Vidya KL
Direct Council Member



Dr. Najanus Saquib
Direct Council Member



Dr. Thomas Gregor Issac
Direct Council Member



Dr. Ruma Bhattacharya
Central Zone
Representative



Dr. SM Tripathi
Central Zone
Representative



Dr. Sarmishtha Chakrabarti
East Zone
Representative



Dr. Adesh Agrawal
East Zone
Representative



Dr. Junaid Nabi
North Zone
Representative



Dr. Aseem Mehra
North Zone
Representative



Dr. Avinash De Sousa
West Zone
Representative



Dr. Ninad Baste
West Zone
Representative



Dr. Sreedhar Vaitheeswaran
South Zone
Representative



Dr. Sheeba Ninan
South Zone
Representative

Awards



Last date of submission of entries: 31st July 2026 by email with Subject Line mentioning the name of the award to: **Dr Bindoo Jadhav -The Awards Committee Chairperson**
(blmaru@gmail.com)



Prof. (Dr.) Shiv Gautam Oration Award in Geriatric Mental Health

[MORE INFO](#)



IAGMH Annual Awards

[MORE INFO](#)



Smt. Shweta Tiwari Memorial Young Researcher Award in Geriatric Mental Health

[MORE INFO](#)



Dr. Charles Pinto Poster Presentation Award

[MORE INFO](#)



FREE POSTERS AND PAPERS

Last date of submission of entries:
15th August 2026 - To be submitted on the WEBSITE

[SUBMIT](#)



IAGMH-Awards

Details and Guidelines

*Last date for submission of the Award papers is **31st July 2026***

All IAGMH abstracts/ papers must be emailed to **Dr Jahnavi Kedare, (The Awards Committee Chairperson), jskedare@gmail.com**

Abstracts not in recommended format may not be considered

1. Prof. (Dr.) Shiv Gautam Oration Award in Geriatric Mental Health :

It is one of the most prestigious awards of IAGMH. Only members of IAGMH are eligible for contesting for this award.

The award consists of a medal, a certificate and a cash prize of Rs. 10000.

Nominations for the award are to be invited in the first announcement of GERON for the said year. The interested member may directly apply, or may be nominated by another member of IAGMH. Members desirous of contesting for the award should submit a soft copy of the Nomination (Name of nominee, Name of award, biodata of nominee along with a detailed list of publications in geriatric mental health) to the Chairman, Awards Committee

2. IAGMH Annual Awards :

The IAGMH-Annual award will be a competition for the best original research in geriatric mental health. There will be three awards (Ist, IInd and IIIrd). Only members of IAGMH are eligible for contesting for these awards. The principal author and at least 2/3 of all the authors should be members of IAGMH. Each award comprises of a certificate and award money; Rs. 25,000, Rs. 15,000 and Rs. 10,000 respectively for the Ist, IInd and IIIrd awards.

Members desirous of contesting for the awards should submit a soft copy of the full paper to the Chairman, Awards Committee, as per the last date specified for that year. In addition to the covering letter, all the authors of the award paper have to submit an undertaking duly signed by all the authors that they are aware about the submission of the paper and that they are aware of the content of the paper (format as per the contributor's form available in the JGMH website) and agree to the clause that if their paper wins the award, then the paper will be published in Journal of Geriatric Mental Health, the official journal of the Association. The Chairman of the Awards Committee will intimate to the principal author in writing about the receipt of the paper for the IAGMH award. The Chairman, Awards Committee, will examine the papers to confirm that they fulfill the eligibility criteria for contesting for the awards. Only the papers found to meet the eligibility criteria will be processed.

A maximum of 5 papers will be selected for oral presentation, among the highest scorers of the theory evaluation. These papers will go on to compete for the oral presentation at the annual conference of the said year.

PS :All communications regarding Award Papers must directly be with Dr Jahnavi Kedare, you may contact via 9322239997 for clarifications also

IAGMH-Awards

Details and Guidelines

*Last date for submission of the Award papers is **31st July 2026***

3. Smt. Shweta Tiwari Memorial Young Researcher Award in Geriatric Mental Health:

This is an award for young researchers, comprising of a medal, a certificate and a cash prize of Rs. 10000.

The applicants should have at least one previous publication in Geriatric Mental Health and should be less than 45 years of age on the last date of submission of the award paper. Only members of IAGMH are eligible for contesting for this award. The current work submitted for the award should be unpublished, original research.

Members desirous of contesting for the awards should submit a soft copy of the unpublished paper to the Chairman, Awards Committee. In addition to the covering letter, all the authors of the award paper have to submit an undertaking duly signed by all the authors that they are aware about the submission of the paper and that they are aware of the content of the paper (format as per the contributor's form available in the JGMH website), as well as the proof of birth of the principal author. The authors also must agree to the clause that if their paper wins the award, then the paper will be published in Journal of Geriatric Mental Health, the official journal of the Association.

A total of 3 papers will be selected for oral presentation, among the highest scorers of the theory evaluation. These papers will go on to compete for the oral presentation at the annual conference of the said year, which will be intimated to the qualifying authors by the Chairperson, Awards Committee.

4. Dr. Charles Pinto Poster Presentation Award

This award has been instituted in memory of Dr. Charles Pinto for the best Poster Paper Presentation based on the original work done in India in the field of geriatric psychiatry by a member (Principal author) within 5 years of completing his/her Post Graduate study (DPM, MD, DNB, DM) on any aspect of psychiatry. The principal author must be below 35 years of age. (till the last date of submission of abstract)

1. For a Poster paper to be considered for the award, it shall be necessary for the principal author to submit the abstract [maximum 300 words] of the paper to the Chairperson, Awards Committee.
2. The abstract should contain the aims/objectives, methodology, results and conclusion.
3. The principal author and 50% of the authors must be members of IAGMH. The principal author must submit a letter from the concerned Head of the department, mentioning the period of PG course under him/her, place and period of study and proof of age.

An award money of Rs.5,000/- and a certificate will be given to the authors of the winning poster. All the authors will be considered to have won the paper

PS :All communications regarding Award Papers must directly be with Dr Jahnvi Kedare, you may contact via 9322239997 for clarifications also

GERON 2026

22nd Annual National Conference of IAGMH
10th - 12th September 2026

REGISTRATION FORM

(Please Fill in CAPITAL Letters)

Name _____ Last Name _____

Mobile No. _____

Email Address _____

Designation / Specialty _____ Institution / Hospital _____

Medical Council No. _____

Address _____

Country _____ State / Province _____ City _____

IAGMH Membership No. _____

Category	Up to 30 June 2026	Up to 15 August 2026	Spot Registration
IAGMH Members	11,000	13,000	15,000
IAGMH Non-Member	13,000	15,000	17,000
IAGMH Senior Member (65 Years and Above)	8,000	8,000	9,000
Psychiatry Trainee's	8,000	8,000	9,000
Accompanying Person (Max 4)	6,000	7,000	8,000
Corporate	25,000	35,000	45,000
Allied Health Professionals	11,000	12,000	13,000
Non Medical Students	5,000	5,500	6,000
Non-members + Membership Discounted	15,000	18,000	20,000

*Above fee is all in Indian Rupees (Rs.)

*The above mentioned registration fees are inclusive of GST.

*Register Online via our Website: <https://geron2026.com/registration>

*To avail the member rate, participants must provide a valid IAGMH Membership ID/Number at the time of registration .

GERON 2026

22nd Annual National Conference of IAGMH

10th - 12th September 2026

PAYMENT

- Bank Transfer

Account No : 50200121646230

Account Name : IAGMH2026

Bank Name : HDFC BANK LTD

IFSC Code : HDFC0000159

- Cheque / DD, Payable to "IAGMH2026"

Cheque / DD No. _____ for Rs. _____

Drawn On _____ payable at Mumbai

- Please scan the QR code using any UPI app to complete your payment

UPI ID : vyapar.176885155477@hdfcbank

IAGMH 2026

TID: 82268580



Scan & Pay

Signature _____

For any assistance kindly contact-

Dr. Avinash De Sousa

Tel : +91 98206 96828

E-mail : geron2026.info@mail.com



Nita Mukesh Ambani Cultural Centre

A global landmark of art and innovation, echoing the conference's spirit of excellence through its breathtaking fluid design.



Colaba Causeway

A bustling commercial street lined with vintage buildings, chic boutiques, and historic cafes that capture the everyday vibrancy of Mumbai.



Marine Drive

Also known as the Queen's Necklace, this sweeping promenade offers serene ocean views and captures the vibrant spirit of South Mumbai.



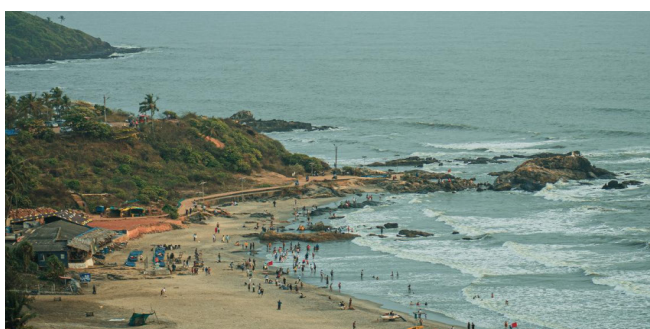
Gateway of India

An iconic monument overlooking the Arabian Sea, representing the rich historical tapestry of Mumbai and welcoming visitors from across the globe.



Juhu Beach

One of Mumbai's most famous beaches, offering a perfect blend of spectacular sunsets, coastal breeze, and local street food delicacies.



Elephanta Caves

A UNESCO World Heritage site reachable by ferry, featuring magnificent ancient rock-cut cave temples showcasing incredible historical artistry.



Venue & Accommodation

Conference venue : Novotel Mumbai International Airport

Address: Cts1359, Metro Station, next to Airport, Bori Colony, Marol, Andheri, East, Mumbai, Maharashtra 400059

How to reach



By Air

- : Chhatrapati Shivaji Maharaj International Airport (BOM) is directly linked to the venue via skywalk from Terminal 2.
- Navi Mumbai Airport: Travel time from NMI airport to the venue varies between 60-90 minutes



By Metro

- : Andheri Railway Station (Western Line) is 3 km from the venue. Auto-rickshaws and Ola/Uber are available.



By Train

- : Mumbai Metro Line 1: Andheri Station is 4 km away. Line 7 (Andheri – Dahisar E) connects to the airport zone.



Recommended Airports

- : It's advisable to purchase tickets to either BOM T1 or BOM T2.

Venue & Accommodation

Suggested stay/Hotels



